

CZECH RUGBY UNION



September 2017							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
					1	2	
3	4	5	6	7	8	9	
	18:30 - 20:30		18:30 - 20:30				
	National Field Session (Moravia)		National Field Session (Marketa)				
	7:30 - 9:00	7:30 - 9:00	7:30 - 9:00	7:30 - 9:00	7:30 - 9:00		
	Dukla Gym Session	Dukla Gym Session	Dukla Field Session	Dukla Field Session	Dukla Gym Session		
	National Gym Session	National Gym Session			National Gym Session		
10	11	12	13	14	15	16	
	18:30 - 20:30 National Field Session		18:30 - 20:30 National Field Session				
	(Moravia)		(Marketa)				
	7:30 - 9:00	7:30 - 9:00	7:30 - 9:00	7:30 - 9:00	7:30 - 9:00		
	Dukla Gym Session	Dukla Gym Session	Dukla Field Session	Dukla Field Session	Dukla Gym Session		
	National Gym Session	National Gym Session			National Gym Session		
17	18	19	20	21	22	23	
National Training Camp (Tatra)	18:30 - 20:30 National Field Session		18:30 - 20:30 National Field Session				
	(Moravia)		(Marketa)				
	7:30 - 9:00	7:30 - 9:00	7:30 - 9:00	7:30 - 9:00	7:30 - 9:00		
	Dukla Gym Session	Dukla Gym Session	Dukla Field Session	Dukla Field Session	Dukla Gym Session		
	National Gym Session	National Gym Session			National Gym Session		
24	25	26	27	28	29	30	
	18:30 - 20:30 National Field Session		18:30 - 20:30 National Field Session				
	(Moravia)		(Marketa)				
	7:30 - 9:00	7:30 - 9:00	7:30 - 9:00	7:30 - 9:00	7:30 - 9:00		
	Dukla Gym Session	Dukla Gym Session	Dukla Field Session	Dukla Field Session	Dukla Gym Session		
	National Gym Session	National Gym Session			National Gym Session		
Training Camp	17 September 2017			Notes:			
10:00 10:05	Welcome Forwards	Scrum Theory		Training Camps = 30 Players with Lunch and Tea Players from outside Czech Republic must be accomodated in terms of accomodation and			
10:05	Backs	Play from Scrums	Theory	13:00	Breakdown	Theory	
10:20	Forwards	Scrum Practical	тпсогу	13:20	DIEGRUUWII	Practical	
10.20	Backs	Play from Scrums Practical		13:45	Defence	Theory	
11:00	Forwards	Line Out Theory		14:05		Practical	
	Backs	Play from Line Out Theory		14:45	Tea		
11:20	Forwards	Line Out Practical		15:00		Theory	
	Backs	Move and Kicking		15:20	Playing Pattern	Practical	
12:00	Lunch						



CZECH RUGBY UNION



or o							
			October 2017				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	2	3	4	5	6	7	
	18:30 - 20:30		18:30 - 20:30				
	National Field Session		National Field Session				
	(Moravia)		(Marketa)				
	National Field Session						
	(Marketa)						
	7:30 - 9:00	7:30 - 9:00	7:30 - 9:00	7:30 - 9:00	7:30 - 9:00		
	Dukla Gym Session	Dukla Gym Session	Dukla Field Session	Dukla Field Session	Dukla Gym Session		
8	National Gym Session	National Gym Session	11	12	National Gym Session	14	
8	9	10		12	13	14	
	18:30 - 20:30 National Field Session		18:30 - 20:30 National Field Session				
	(Moravia)		(Marketa)				
	National Field Session		(marketa)				
	(Marketa)						
	7:30 - 9:00	7:30 - 9:00	7:30 - 9:00	7:30 - 9:00	7:30 - 9:00		
	Dukla Gym Session	Dukla Gym Session	Dukla Field Session	Dukla Field Session	Dukla Gym Session		
	National Gym Session	National Gym Session			National Gym Session		
15	16	17	18	19	20	21	
10:00	18:30 - 20:30	18:00	18:30	18:30 - 20:30	15:00	15:00	
National Training Camp	National Field Session	Closed Session vs SA	Post Game Analysis vs SA	National Field Session	Captains Run (Marketa)	Czech Republic vs SA	
(Marketa)	(Marketa)	Barbarians (Marketa)	Barbarians (Marketa)	(Marketa)		Barbarians	
	700 000				7:30 - 9:00		
	7:30 - 9:00 Dukla Gym Session				Dukla Gym Session		
	Dukia Gyili Sessioli				Dukia Gyili Sessioli		
	National Gym Session				National Cym Session		
22	National Gym Session	24	25	26	National Gym Session	28	
22	23	18:30 - 20:30	25	26	27	28	
22	23 18:30 - 20:30	18:30 - 20:30	25	18:30 - 20:30	-	28 15:00 Czech Republic vs Poland	
22	23		25		27 15:00	15:00	
22	18:30 - 20:30 National Field Session	18:30 - 20:30 National Field Session	25	18:30 - 20:30 National Field Session	27 15:00	15:00	
22	23 18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00	18:30 - 20:30 National Field Session	25 7:30 - 9:00	18:30 - 20:30 National Field Session	27 15:00	15:00	
22	18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Gym Session	18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Gym Session		18:30 - 20:30 National Field Session (Marketa)	15:00 Captains Run (Marketa) 7:30 - 9:00 Dukla Gym Session	15:00	
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29 Training Camp	23 18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session 30 18:30 - 20:30 National Field Session (Moravia) National Field Session (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session National Gym Session 15 October 20:	18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session 31 7:30 - 9:00 Dukla Gym Session National Gym Session National Gym Session National Gym Session	7:30 - 9:00 Dukla Field Session Notes: Training Camps = 30 Players v	18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Field Session with Lunch and Tea public must be accomodated in	15:00 Captains Run (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session	15:00 Czech Republic vs Poland	
Training Camp	23 18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session 30 18:30 - 20:30 National Field Session (Moravia) National Field Session (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session National Gym Session 15 October 20: Welcome	18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session 31 7:30 - 9:00 Dukla Gym Session National Gym Session National Gym Session National Gym Session	7:30 - 9:00 Dukla Field Session Notes: Training Camps = 30 Players v Players from outside Czech Re	18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Field Session with Lunch and Tea public must be accomodated in	15:00 Captains Run (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session terms of accomodation and	15:00 Czech Republic vs Poland	
Training Camp	23 18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session 30 18:30 - 20:30 National Field Session (Moravia) National Field Session (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session National Gym Session Velcome Forwards	18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session 31 7:30 - 9:00 Dukla Gym Session National Gym Session National Gym Session Session National Gym Session National Gym Session	7:30 - 9:00 Dukla Field Session Notes: Training Camps = 30 Players v Players from outside Czech Re	18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Field Session with Lunch and Tea public must be accomodated in	15:00 Captains Run (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session	15:00 Czech Republic vs Poland Theory Practical	
Training Camp 10:00 10:05	23 18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session 30 18:30 - 20:30 National Field Session (Moravia) National Field Session (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session 15 October 20: Welcome Forwards Backs	18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session 31 7:30 - 9:00 Dukla Gym Session National Gym Session Sorum Theory Play from Scrums	7:30 - 9:00 Dukla Field Session Notes: Training Camps = 30 Players v Players from outside Czech Re	18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Field Session with Lunch and Tea public must be accomodated in 13:00 13:20 13:45	15:00 Captains Run (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session terms of accomodation and	Theory Practical Theory	
Training Camp 10:00 10:05	23 18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session (Moravia) National Field Session (Moravia) National Field Session (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session Velcome Forwards Backs Forwards	18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session 31 7:30 - 9:00 Dukla Gym Session National Gym Session Sorum Theory Play from Scrums Scrum Practical	7:30 - 9:00 Dukla Field Session Notes: Training Camps = 30 Players v Players from outside Czech Re	18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Field Session with Lunch and Tea spublic must be accomodated in 13:00 13:20 13:45 14:05	15:00 Captains Run (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session terms of accomodation and Breakdown Defence Tea	Theory Practical Theory	
Training Camp 10:00 10:05 10:20	23 18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session (Moravia) National Field Session (Moravia) National Field Session (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session National Gym Session Velcome Forwards Backs Forwards Backs	18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session 31 7:30 - 9:00 Dukla Gym Session National Gym Session National Gym Session Valional Gym Session National Gym Session Play from Scrums Scrum Practical Play from Scrums	7:30 - 9:00 Dukla Field Session Notes: Training Camps = 30 Players v Players from outside Czech Re	18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Field Session vith Lunch and Tea public must be accomodated in 13:00 13:20 13:45 14:05 14:45	15:00 Captains Run (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session terms of accomodation and Breakdown Defence	Theory Practical Theory Practical	
Training Camp 10:00 10:05 10:20	23 18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session 18:30 - 20:30 National Field Session (Moravia) National Field Session (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session 15 October 20:00 Welcome Forwards Backs Forwards Backs Forwards	18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session 31 7:30 - 9:00 Dukla Gym Session National Gym Session National Gym Session Valional Gym Session National Gym Session National Gym Session Play from Scrums Scrum Practical Play from Scrums Line Out Theory	7:30 - 9:00 Dukla Field Session Notes: Training Camps = 30 Players v Players from outside Czech Re	18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Field Session with Lunch and Tea public must be accomodated in 13:00 13:20 13:45 14:05 14:45 15:00	15:00 Captains Run (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session terms of accomodation and Breakdown Defence Tea	Theory Practical Theory Practical Theory Practical Theory	
Training Camp 10:00 10:05 10:20 11:00	23 18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session (Moravia) National Field Session (Moravia) National Field Session (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session 15 October 20' Welcome Forwards Backs Forwards Backs Forwards Backs Forwards Backs	18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session 31 7:30 - 9:00 Dukla Gym Session National Gym Session National Gym Session National Gym Session Play from Scrums Scrum Practical Play from Scrums Line Out Theory Play from Line Out	7:30 - 9:00 Dukla Field Session Notes: Training Camps = 30 Players v Players from outside Czech Re	18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Field Session with Lunch and Tea public must be accomodated in 13:00 13:20 13:45 14:05 14:45 15:00	15:00 Captains Run (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session terms of accomodation and Breakdown Defence Tea	Theory Practical Theory Practical Theory Practical Theory	



CZECH RUGBY UNION



November 2017							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
			1 18:30 - 20:30 National Field Session (Marketa)	2	3	4	
			7:30 - 9:00 Dukla Field Session	7:30 - 9:00 Dukla Field Session	7:30 - 9:00 Dukla Gym Session National Gym Session		
5	18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Gym Session	7 18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Gym Session	7:30 - 9:00 Dukla Field Session	9 18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Field Session	7:30 - 9:00 Dukla Gym Session	11	
	National Gym Session	National Gym Session			National Gym Session		
12	18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session	18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Gym Session National Gym Session	7:30 - 9:00 Dukla Field Session	18:30 - 20:30 National Field Session (Marketa) 7:30 - 9:00 Dukla Field Session	Depart to Portugal Captains Run (Lisbon)	18 Portugal vs Czech Republic	
19 Arrive back from Portugal	20 Players Break	21 Players Break	22 Players Break	23 Players Break	24 Players Break	25 Players Break	
26 Players Break	27 Players Break	28 Players Break	29 Players Break	30 Players Break	Notes: Size of travel party to Portuga	30	